



Pregnancy Care with your GP

(Ante Natal Shared Care (ANSC))

What is it?

While you are pregnant, you share your visits between your GP and the hospital Doctors and Midwives.

Reasons for joining the program:

- Flexible appointments/ shorter waiting times
- Continuity of care
- Personalised service
- Less visits to the hospital clinic
- On-going care after your baby is born

When do I visit?

My GP - When you are pregnant, you visit your GP **monthly** until **28** weeks and **fortnightly** to **36** weeks, (then visit the hospital or outreach midwives **weekly** after that)

You also visit your GP for your 6 week postnatal check (after the birth of your baby)

Hospital visits

(Wollongong or Shellharbour hospitals)

You are initially required to go to the ADMISSIONS desk of either hospital to fill in paperwork. From there proceed to Midwifery & Family Centre (Shellharbour), or Antenatal Clinic, Level 2 Wollongong Hospital.

There you will make your first appointment at the hospital.

Ideally this should be at -

12 weeks – with a midwife to book your history (1hr required)

Visits with hospital doctors are at

12wks, 30 weeks and from 37 weeks (weekly).

After 37 weeks, you can also choose to visit the midwives at any of their outreach clinics at Warrawong, Dapto, Wollongong, Bellambi or Woonona.

Enrolment –

- Ask your GP whether they participate in the program
- State your preference for Shared Care when you book into hospital, and at your first appointment with the Dr at 12 weeks.

Call the Antenatal Clinic on 4253 4256 to book into your appointments.

Other options for Care during pregnancy:

1) Midwives Clinics-

Like the ANSC program, you are still required to see a hospital Dr at 12 weeks, 30 weeks and at 37 weeks (or if a problem arises).

Midwives have clinics at Wollongong and Shellharbour hospitals, Warrawong, Dapto, Bellambi and Woonona. You may see a different midwife for each of your visits. Birth is with a midwife in the Birth Unit at Wollongong Hospital.

Call antenatal clinic 4253 4256 for more information

2) Midwifery Group Practice-

You are given continuity of care from one midwife, with the support of a team if he/she is not available. Your MGP midwife will also see you at home after your baby is born.

Conditions do apply and places are limited.

Call antenatal clinic 4253 4256 for more information

3) Doctor's Clinic –

You see a hospital Dr for your visits at Wollongong or Shellharbour hospitals. You may have a different Doctor for your visits. Birth is with a midwife in the Birth Unit at Wollongong Hospital.

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4) Private Care with Obstetrician –

Continuity of care from one specialist doctor. She/he will also see you after your baby is born, but baby is seen by your GP or Early Childhood Nurse.

Birth is usually at Figtree Hospital.

5) Birth at home is another option for some women. Our MGP team is now taking some women who choose to birth at home. Alternatively you may choose to be looked after by an independent midwife with no input from the hospital.

6) Wollongong Antenatal Clinic also offers **specialist services** for aboriginal people, cultural and linguistically diverse people, adolescent pregnancies, and people with drug/ alcohol or mental health issues.